

Frank Jacobi, PhD

Professor for Clinical Psychology and Psychotherapy (Cognitive Behavioral Therapy)

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Digital Profile

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Academic training, positions and contributions

Frank Jacobi (*1967) studied psychology in Trier and Berlin, Germany (diploma 1994). From 1995 to 2001, he worked as a psychotherapist in Dresden, Germany (advanced training in cognitive behavioral therapy; license to practice / approbation in 1999) and conducted studies on cost-effectiveness and cost-benefit analyses of psychological treatment of anxiety disorders (dissertation, PhD). Dr. Jacobi also completed an interdisciplinary master's program at Maastricht University in 2002-2003 (European Certificate in Anxiety and Mood Disorders / M.Sc. in Affective Neuroscience).

2001-2012 Dr. Jacobi was a member of the department of Clinical Psychology and Psychotherapy at the Technische Universität Dresden (TUD; Head: Prof. Hans-Ulrich Wittchen) and led the research group Epidemiology and Health Services Research. 2008 Habilitation "Size and burden of mental disorders: a population-based perspective".

Since 2010, Frank Jacobi has been Professor of Clinical Psychology and Psychotherapy at the Psychologische Hochschule Berlin (PHB). He is prorector as well as head of the psychotherapy outpatient clinics at PHB (since 2012). Since 2011, he has been a supervisor for CBT and an examiner for state licensure (Approbation) exams.

Frank Jacobi's research interests include epidemiology, classification, and care of mental disorders in the general population, as well as cost analyses of mental disorders, and psychotherapy research. He is the author of more than 200 peer-reviewed articles, chapters, and books, including prominent publications on the prevalence and burden of disease of mental disorders in Germany and Europe, and a comprehensive (multimedia) textbook on cognitive behavioral therapy and its current developments (with Eva-Lotta Brakemeier); he is among the highly cited researchers in his field (h-index Google Scholar: 56).