

Frank Jacobi

**Professor for Clinical Psychology and Psychotherapy
(Cognitive Behavioral Therapy)**

Digital Profile

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Academic education, positions and contributions

Frank Jacobi (*1967) studied psychology in Trier and Berlin, Germany (diploma 1994). He worked as a psychotherapist in Dresden (advanced training in cognitive-behavioral therapy; approbation 1999) from 1995-2001 while conducting studies on cost-effectiveness and cost benefit analyses of the psychological treatment of anxiety disorders (doctoral dissertation, PhD). Further, Dr. Jacobi joined an interdisciplinary master's program at University of Maastricht 2002-2003 (European Certificate in Anxiety and Mood Disorders / M.Sc. in Affective Neuroscience).

2001-2012 Dr. Jacobi was member of the department of clinical psychology and psychotherapy at Technische Universität Dresden (TUD; head: Prof. Hans-Ulrich Wittchen), leading the workgroup of epidemiology and health services research. 2008 Habilitation „Size and burden of mental disorders: a population based perspective”.

Since 2010 Frank Jacobi is professor for clinical psychology and psychotherapy at *Psychologische Hochschule Berlin* (PHB). He is PHB prorektor and supervisor for CBT (since 2011) as well as head of the PHB outpatient psychotherapy clinics (since 2012).

Frank Jacobi's major research topics are epidemiology and classification of mental disorders in the general population and in primary care, as well as cost analyses on mental disorders and psychotherapy research. He authored more than 170 peer reviewed articles, chapters and books, among them prominent publications on prevalence and disease burden of mental disorders in Germany and Europe, as well as a comprehensive (multimedia) textbook on cognitive behavioral therapy and its current developments (together with Eva-Lotta Brakemeier); he belongs to the highly cited researchers in his field (h-Index Google Scholar: 46).