

Domain-Specific Envy Scale (DSES; Rentzsch & Gross, 2015)

In the following you will read a number of statements, with which you can agree or disagree to a certain extent. Please indicate your agreement on a scale from 1 (not at all) to 7 (very much).

| | not at all | very much |
|---|---------------|-----------|
| 1. It bothers me when others can have every romantic partner that they want.(A) | ①—②—③—④—⑤—⑥—⑦ | |
| 2. It is hard to bear when other people are more intelligent than I am.(C) | ①—②—③—④—⑤—⑥—⑦ | |
| 3. It bothers me when others own things that I cannot have.(W) | ①—②—③—④—⑤—⑥—⑦ | |
| 4. It makes me feel uncomfortable when others are more attractive than I am.(A) | ①—②—③—④—⑤—⑥—⑦ | |
| 5. It disturbs me when others can express themselves verbally better than I can.(C) | ①—②—③—④—⑤—⑥—⑦ | |
| 6. It is hard for me to bear when others can buy everything they want to buy.(W) | ①—②—③—④—⑤—⑥—⑦ | |
| 7. It annoys me when others are more popular than I am.(A) | ①—②—③—④—⑤—⑥—⑦ | |
| 8. It bothers me when others are more creative than I am.(C) | ①—②—③—④—⑤—⑥—⑦ | |
| 9. It troubles me when others have higher tech equipment than I have.(W) | ①—②—③—④—⑤—⑥—⑦ | |
| 10. It disturbs me when people get along with others better than I do.(A) | ①—②—③—④—⑤—⑥—⑦ | |
| 11. It bothers me when others are quicker on the uptake of an issue than I am.(C) | ①—②—③—④—⑤—⑥—⑦ | |
| 12. It is hard for me to bear when others have more clothes in their wardrobe than I have.(W) | ①—②—③—④—⑤—⑥—⑦ | |
| 13. It eats me up inside when people come across to others better than I do.(A) | ①—②—③—④—⑤—⑥—⑦ | |
| 14. It disturbs me when others have a greater fund of knowledge than I have.(C) | ①—②—③—④—⑤—⑥—⑦ | |
| 15. It bothers me when others live in a better neighborhood than I do.(W) | ①—②—③—④—⑤—⑥—⑦ | |

(A) – Attraction

(C) – Competence

(W) – Wealth

Rentzsch, K., & Gross, J. J. (2015). Who turns green with envy? Conceptual and empirical perspectives on dispositional envy. *European Journal of Personality*, 29(5), 530-547. doi: 10.1002/per.2012